

JOB DESCRIPTION

THERAPEUTIC COUNSELLOR Anchor Project Addiewell Team

Post Title: Therapeutic Counsellor

Project: Anchor Addiewell Team

Contract Type: Fixed term – 30 Sept 2027 (with possible extension)

Funder: Corra

Hours: Part time – 22 hours per week

Salary Scale: Pro-rata to £29,362 - £34,032 per annum (SCP 12 – 17)

Location: Hamilton, covering North Lanarkshire. The postholder will work within Addiewell prison setting for at least 2 days per week, including Wednesday and Friday afternoons.

(Own car and driving licence essential)

Hybrid Working Available: Yes

Accountable to: Anchor Addiewell Project Manager

Driving Licence and Own Car Required – Essential

Purpose

To provide a range of assessment, counselling and/or psychological support services to men affected by domestic abuse, substance use, and related mental health issues, and to contribute towards Circle's aims of responding to substance use and promoting recovery.

Key Responsibilities

- To work alongside fathers to provide therapeutic counselling and evidence-based psychosocial interventions to support them to develop resilience and address poor mental health, substance use and the experience and impact of domestic abuse.
This is an outreach post, so work is split between the community setting and the prison settings
- Ability to deliver structured place-based therapy while adapting interventions and conducting appropriate risk assessments when working within community settings.

- To work alongside the Senior Family Outreach Worker and Children's Resilience Worker to ensure that parents/carers develop their parenting capacity and relationships with their children
- To support families presenting with underlying trauma, substance use, poor mental health and experiencing domestic abuse
- To plan, facilitate and review individual, peer and group work programmes
- To deliver training on the work of the project to other professionals as per contract expectations or good practice sharing
- To record, monitor and evaluate all work
- To attend supervision, team meetings and training as appropriate
- To establish referrals and liaise with other agencies working in partnership with them to meet the needs and build resilience of children and their families
- To contribute to the promotion and development of Circle's work and services in North Lanarkshire
- To work within Circle's policies and procedures, most notably in areas of child protection, equal opportunities, anti-discriminatory practice, and participation of people connected with services
- To attend Staff Development Days

General

This job description is not exhaustive and may be amended in response to organisational needs. The postholder is expected to undertake any other duties appropriate to the level and nature of the post.

Person Specification

Qualifications

Essential

- *Applicants should possess a post-graduate Diploma qualification in Counselling and have or be working towards relevant accreditation. A background in social work, social care, education or health is desirable.*

Knowledge & Experience

Essential

- *Direct Experience of working in a supportive way with families experiencing vulnerability, affected by substance use, poor mental health, domestic abuse or trauma*
- *Knowledge of a range of interventions for supporting vulnerable families, including CBT and Motivational Interviewing*
- *Experience of delivering manualised and/or non-manualised evidence based psychological interventions*

- *Proven Experience of working in partnership with a range of agencies*
- *Knowledge of a variety of evidence-based interventions and approaches for supporting families, particularly where poverty is an issue.*
- *. Demonstrated ability to work as part of a team*
- *Knowledge and experience of supporting families experiencing vulnerability affected by complex psychosocial issues*
- *Knowledge of the GIRFEC approach and the related SHANARRI Indicators*
- *Commitment to equal opportunities, anti-discriminatory practice, and meaningful participation of people connected with services*
- *Ability to risk assess and safety plan for both lone working in the community and for prison-based work.*
- *Undertake physical protection training for prison-based work.*

Skills & Abilities

Essential

- *Strong communication skills, with the ability to engage effectively with children, young people and adults who face adversity*
- *Capacity to support social work students on placement with Circle.*
- *Ability to record, monitor, and evaluate work accurately.*
- *Effective planning, time management, and prioritisation skills.*
- *Ability to support positive change alongside children and families*
- *Ability to work within, and maintain, clear professional boundaries.*
- *Good assessment and group work skills.*

A Note to Candidates

Don't meet every single requirement? We know that people can be put off applying if they don't tick every box. At Circle, we're committed to building a diverse, inclusive, and authentic workplace—so if you're excited about this role but your experience doesn't align perfectly with every point, we encourage you to apply. You may be exactly the right person for this role or another opportunity with us.